



# AHF-NJ

## Presents

### “Building on Your Nutrition Focused Physical Exam”

**Thursday, July 29th, 2021**

**3:00 pm—4:30 pm**

**Robert Wood Johnson University Hospital, New Brunswick, NJ**

**Learn how to conduct a Nutrition Focused Physical Exam;  
identify patients who are malnourished; recognize and reduce the cost of malnutrition;  
and identify the degrees of muscle and fat depletion**

### Speakers

**Rebecca Herman, MS, RD**  
*Overlook Medical Center*

**Barbara Lubischer, MS, RD**  
*Overlook Medical Center*

### Registration

**(Free of charge for all Paid AHF-NJ Operators & Business Vendor Partners)**

**\$25 for non-members**

**Space is limited to 35, so register early.**

(Light refreshments will be served)

**1.5 CEU Credits from AND & ANFP**

**Please register using the link below**

**<https://www.ahfnj.org/events.html>**

Robert Wood Johnson University Hospital  
Hospital Auditorium

1 Robert Wood Johnson Place  
New Brunswick, NJ 08901

# Speakers



**Rebecca Herman** attended Montclair State University for her undergraduate studies, where she obtained her BS degree in Nutrition and Food Science with a concentration in Dietetics. She went on to complete her Dietetic Internship with Sodexo in Philadelphia with a concentration in leadership. Rebecca focused on the future of dietetics and researched areas of development for the field. She followed up her education by completing her Master's Degree in Dietetics through the University of Rhode Island.

Rebecca has worked as a Clinical Dietitian at Saint Clare's Hospital in Dover New Jersey before transitioning to a clinical role at Overlook Medical Center in Summit New Jersey. Rebecca has further since, advanced her career to become the Dietitian Supervisor at Overlook Medical Center where she is overseeing the clinical operations for the Food and Nutrition Department. Her role at OMC includes many initiatives, such as optimizing malnutrition assessments and documentation and initiating new operational objectives to assist with patient care. Rebecca manages a team of dietitians who are skilled in completing and documenting malnutrition assessments.



**Barbara Lubischer** is the Lead Dietitian at Overlook Medical Center where she has provided nutrition care to patients for over 20 years. Her role at OMC has included many nutrition initiatives most recently the OMC Malnutrition Quality Improvement Initiative Project which identified malnourished patients using evidence based standards and improved nutrition care.

Barbara is the recipient of the OMC Allied Health Professional Excellence in Clinical Practice Award, Twice recognized by the College of Saint Elizabeth as an outstanding contributor to the professional and educational development of dietetic interns. awarded by the Greater New Jersey Society for Healthcare Food Service Administrators for her leading role in Healthcare Food and Nutrition Services and she is the recipient of the Lester Z. Lieberman Humanism in Healthcare Award for her exemplary commitment to providing compassionate patient care.